



PERSONAL STYLE ASSESSMENT

How are you ENERGIZED?


1. I am more comfortable...

Doing things for people  1 2 3 4 5  Being with people

2. When doing a task, I tend to...

Focus on the goal  1 2 3 4 5  Focus on relationships



3. I get more excited about...

Advancing a cause  1 2 3 4 5  Creating community



4. I feel I have accomplished something when I've...

Completed a job  1 2 3 4 5  Built a relationship

5. It is more important to start a meeting...

On time  1 2 3 4 5  When everyone gets there

6. I am more concerned with...

Meeting a deadline  1 2 3 4 5  Maintaining the team

7. I place a higher value on...

Action  1 2 3 4 5  Communication



E = TOTAL

How are you ORGANIZED?

1. In life, I generally prefer to...

Be spontaneous  1 2 3 4 5  Follow a set plan

2. I prefer to set guidelines that are...

General  1 2 3 4 5  Specific

3. I prefer to...

Leave my options open  1 2 3 4 5  Settle things now



4. I prefer projects that have...

Variety  1 2 3 4 5  Routine

5. I like to...

Play it by ear  1 2 3 4 5  Stick to a plan

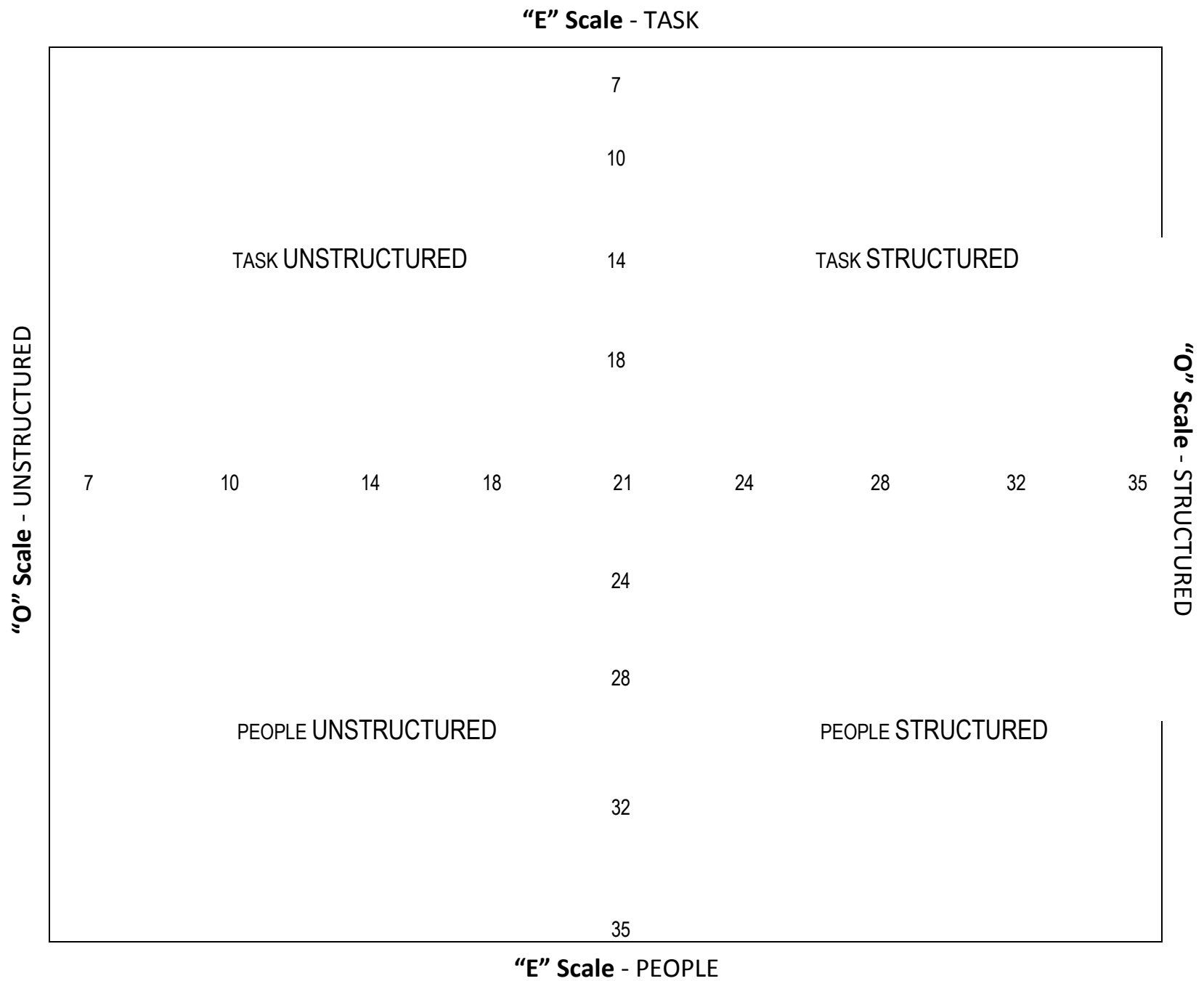
6. I find routine...

Boring  1 2 3 4 5  Restful

7. I accomplish task best...

By working it out as I go  1 2 3 4 5  By following a plan

O = TOTAL



My personal style is: (Task or people/Unstructured or structured) _____

OVERVIEW OF PERSONAL STYLE (PS)

PS indicates the way you **PREFER** to relate to people and the world you

Serving in ways inconsistent with your PS over time leads to:

- Inauthentic relationships
- Decreased motivation
- Burnout

YOUR PERSONAL STYLE

1. How are you Energized?

- Reflects how you receive and focus your emotional energy
- Indicates how you PREFER to interact with people and tasks

Task-oriented people are energized by:

- Doing things
- accomplishing tasks
- working with people who share your commitment to the task
- Can feel awkward or frustrated with a lot of relational activities

People-oriented people are energized by:

- Interpersonal relationships
- People interactions
- Working with people in a team setting
- Can feel awkward when handling a lot of tasks

BOTH value developing relationships and meeting goals!

2. How are you Organized?

- Reflects how you prefer to organize your world.

Unstructured people tend to:

- Put everything into piles
- Are less concerned with being precise
- Prefer lots of options and flexibility
- Are comfortable in undefined situations
- Like spontaneous relationships

Structured people tend to:

- Put everything into files
- Plan and bring order to their lives
- Enjoy stable, consistent relationships
- Make decisions and seek closure
- Are more detailed
- Like things clearly defined

BOTH value being organized!